

MIXED NUTS ROASTED & SALTED SNACK PACK



High in Energy	✓
High in Fibre	✓
Suitable for vegetarians	✓
Country of origin	RSA, Tanzania, USA, Bolivia
Preservative	Free
Kosher	✓
Halaal	✓

Ingredients: Cashew, Almond, Pecan or Hazelnut, Brazil Nuts, Salt, Palm Oil

NUTRITIONAL INFORMATION	
NUTRIENT	Per 100 g
Energy	2497 kJ
Protein	16.9 g
Carbohydrates	30 g
Total sugar	8.2 g
Total fat	44.1 g
Saturated fat	9 g
Monounsaturated fat	36.7 g
Polyunsaturated fat	11.7 g
Fibre	7 g
Sodium	711 mg

